

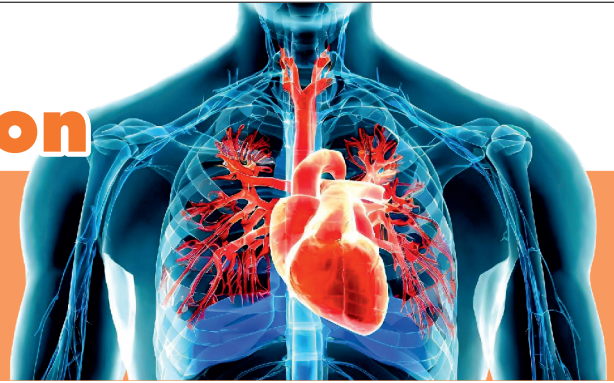
Aadicura Cares

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MONTHLY NEWSLETTER

When You Meet A Cardiothoracic Surgeon

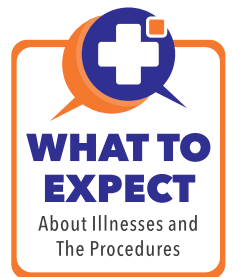
Cardiothoracic surgery is a highly specialised field that focuses on treating conditions of the heart, lungs, and other organs within the chest cavity. At Aadicura Superspecialty Hospital, our experienced team is equipped to diagnose and surgically manage a wide range of complex thoracic and cardiovascular conditions with a patient-first approach.



When should you see a cardiothoracic surgeon?

The heart and lungs work in close coordination - diseases in one can often affect the other. That's why symptoms such as **chest pain, breathlessness, irregular heartbeats, chronic cough, or frequent respiratory infections** should never be ignored.

Other signs like **unexplained fatigue, palpitations, persistent abdominal discomfort, swelling in legs or face, or coughing up blood** can also indicate serious cardiothoracic issues. In some cases, conditions may be detected through routine health checkups, even before symptoms appear. If you've been advised to consult a cardiothoracic surgeon after such a diagnosis, timely evaluation is the key.



What to expect during your visit

A visit to a cardiothoracic surgeon typically involves a detailed medical evaluation, review of prior investigations, and possibly a recommendation for further diagnostic tests. Based on your condition, the surgeon will discuss whether surgical intervention is necessary and outline the safest and most effective treatment approach.

SPECIALIST AT AADICURA



Dr. Apurv Vaidya
Cardiothoracic Surgeon

Conditions treated by cardiothoracic surgeons at Aadicura include:

- Coronary artery disease (req. bypass surgery)
- Heart valve disorders
- Aneurysms or dissections of the aorta
- Congenital heart defects
- Lung diseases such as cancer or infections
- Tumours of the heart or chest cavity
- Chest injuries or trauma

Common Procedures Include :

CABG (Coronary Artery Bypass Grafting), valve repair or replacement, lung resections, pericardiectomy, and surgeries for congenital or trauma-related conditions.

Why Choose Aadicura for Cardiothoracic Care?

Transforming the Lives

24+ years of surgical expertise, our cardiothoracic team has successfully performed.

8500+
Heart Surgeries

1500
Lung Surgeries

10K+
Patients

- What sets us apart is not just our experience, but our commitment to a trust-based, patient-first approach, ensuring compassionate care backed by clinical excellence. If you or a loved one is facing heart or lung issues, Aadicura's expert team is here to help you breathe easily and live stronger.

* Aadicura Cares is committed to providing information that is worth your time. This new segment serves as a general guide or a walk-through to answer your basic questions regarding certain illnesses and the procedures involved in treating them.



PRAJIT MEHTA

Department:
Finance & Accounts
Consulting CFO

KNOW YOUR TEAM

SANJAY GWALANI

Department:
Management
COO



Introduction

A progressive, decisive and innovative finance professional with over 18 years of experience, Mr Mehta provides leadership in financial accounting, project accounting, financial compliance, taxation operations, system audit, finance management, internal controls, process study & productivity improvements.

Sanjay Gwalani is a seasoned CXO with more than two decades of experience in hospital business operations. Confident in driving strategic growth, operational excellence, and impactful leadership across complex healthcare environments.

Why did you choose to work in the healthcare industry?

In 18 years of my career, I have served in various industries except the healthcare industry. Aadicura gave me the opportunity I was keen on. I was eager to visualise and analyse the financial aspect of the healthcare industry.

I have always been empathetic towards ailing humans and wish to get them quality care at the most affordable expense, making their experience truly a memorable one. Working in the healthcare industry became a natural choice then.

How do you work to improve patient care?

Improvement in patient care is directly linked to hospital operations. But finance can help improve other aspects by implementing adequate policies and funding required resources and equipment for patient care.

I work to improve patient care by fostering a culture of continuous learning, implementing evidence-based practices, investing in advanced technology, and ensuring a patient-centric approach across all levels of the organisation.

What is your approach to teamwork and collaboration?

When any task or project is completed or finished with minimum intervention of leaders or the team lead, in my view, that is the best teamwork and task performed. And for collaboration, each individual of the team should always aim for the organisation's welfare, things will fall in line automatically.

I believe in empowering teams through open communication, mutual respect, and a shared commitment to our mission, fostering a collaborative environment where every voice is valued.

What makes working at Aadicura Hospital fulfilling?

Aadicura Hospital is a big family working together for a common goal, and working with a family brings a fulfilling experience.

Working at Aadicura is fulfilling because of our strong sense of purpose, where every team member is dedicated to improving lives and shaping the future of healthcare in our community.

Share your life mantra.

Keep enlightened sportsmanship in your life.

Customer First, People Second, Self Last.



GENERAL INDUCTION PROGRAM APR'25

WELCOME ONBOARD

Right to Left

First Front Row:

Vandanaben Kshatriya, Amita Rathva, Sarasvatiben Rathva, Mayuri Rathwa, Nehalben Herma, Varsha Panchal.

Second Row:

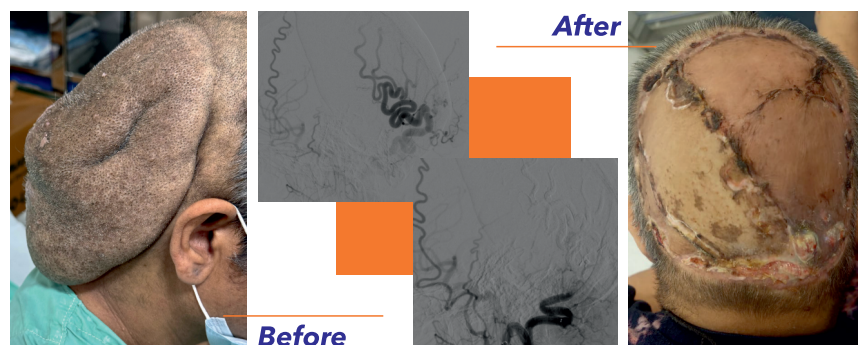
Adhishwarsinh Baria, Manojkumar Vasuniya, Shreepalsinh Waghela, Dr Brijesh Patel, Prashant Mahajan, Bhagyesh Akkar, Rahul Solanki, Hemil Sheth.

Vascular Scalp Neurofibroma - A Surgical Nightmare

// Success Stories

Case Report

A 46-year-old female presented with a 15-year history of a progressively enlarging, large, pedunculated scalp mass involving the occipital regions. For the preceding six months, she reported cephalic heaviness and sleep disturbance due to the physical bulk and cosmetic disfigurement associated with the lesion. MRI of the brain revealed a heterogeneously enhancing scalp lesion with multiple flow voids. She underwent attempted pre-operative embolisation at some other institute via selective catheterisation of both occipital arteries with polyvinyl alcohol (PVA) particles without much success. When she came to us, we found to have 17 × 25 × 10 cm pedunculated occipital swelling with overlying 5 × 3 cm eschar. There were easily palpable occipital arteries bilaterally with an audible bruit.



Procedure

Following the initial unsuccessful PVA particle embolisation, a subsequent endovascular intervention was performed, targeting both occipital arterial feeders, utilising n-butyl cyanoacrylate (NBCA) as the embolic agent. This resulted in a discernible reduction in both the overall size and turgor of the lesion. Approximately 48 hours post-embolisation, she underwent complete surgical excision of the scalp mass. The resultant scalp defect was reconstructed using a split-thickness skin graft harvested from the left thigh. While the option of a subsequent cosmetic revision procedure was offered, the patient elected to manage the resulting alopecia with a wig. Postoperatively, the skin graft demonstrated satisfactory healing, and the patient experienced an uneventful inpatient course, permitting discharge within one week of her interventions.

Histopathological analysis confirmed the diagnosis of a neurofibroma of the scalp without any evidence of malignancy.

THE TEAM THAT
MADE IT POSSIBLE:

Dr. Sandip Mavani

Dr. Ashish Desai

Dr. Vithal Rangarajan

Department of Neurosurgery

Take-Home Message

Neurofibromas are neoplasms of the peripheral nervous system, frequently manifesting with aesthetic disfigurement and associated symptoms of discomfort or pain. Solitary, large, and highly vascularised neurofibromas of the scalp represent an exceedingly rare clinical entity, posing significant management challenges. The optimal therapeutic strategy typically involves pre-operative embolisation to reduce tumour vascularity, followed by meticulous surgical excision and subsequent cosmetic reconstruction. In this specific case, the described technique of pre-operative NBCA embolisation facilitated a relatively bloodless surgical resection and enabled adequate coverage of the resultant skin defect with a split-thickness skin graft.

The successful management of such complex cases necessitates multi-modal approach, **integrating the expertise of endovascular neurosurgeons, vascular surgeons and plastic surgeons.**

Aadicura Superspecialty Hospital possesses the requisite infrastructure and a complement of experienced clinicians across these specialities, enabling the comprehensive and cost-effective management of such challenging presentations.

STAR PERFORMERS



Vanrajsinh Chavada
Best Employee
of The Month



Megha Pandya
Best Employee
of The Month



Rakesh Agrawal
Best Employee
of The Month



Shiny D'souza
Best Nursing Staff
of The Month



Mohini Vankar
Best Nursing Staff
of The Month



Snehal Macwan
Best Nursing Staff
of The Month



Sumitraben Ahir
Best Multitasking Staff
of The Month



Anilbhai Tadvi
Best Multitasking Staff
of The Month



Dr. Shivangi Solanki
Best Doctor
of The Month



Dr. Jay Chokshi
Best Doctor
of The Month

EVENT GALLERY

COLS (Compression-Only Life Support) Training. Dr. Ravirajsinh Gohil conducted a hands-on session on basic life support and emergency care, empowering participants with life-saving skills.



Health Talk at Welcome Hotel on Summer Heat Stroke



CME with IMA DAHOD



CME with Homeopathic Association



CME with Godhra GP Association



Health Talk by Dr. Vivek Parikh on Knee & Joint Pain & how to care for the body? With CKP Senior Citizen Mandal Group. Along with health talk BMD & Eye Check up camp held at Aadicura Hospital.



Obesity Camp & Health talk at Aadicura Hospital initiated by Dr. Pankaj Khandelwal & Aadicura Team. Camp for Obesity, BMI Examination & Consultation on Weight loss Management.



Aadicura[®]
Superspeciality Hospital
— Putting Patients First —

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Book an Appointment : +91 89805 53311 / 7711

Emergency 24/7 : +91 89805 58811

Our ASC Clinics :

Anand | Bharuch | Dahod | Godhra

contact@aadicura.com www.aadicura.com



We are available on WhatsApp. Scan this code to connect or send 'Hi' on Whatsapp

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