

Aadicura Cares

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MONTHLY NEWSLETTER

...FOR THE DIGESTIVE TRACT, PANCREAS AND LIVER DISORDERS

The Department of Gastroenterology at Aadicura is set up to provide quality Diagnostic and Therapeutic Services to patients suffering from any disorder associated with the Digestive Tract, Pancreas, and Liver.

Our team of highly experienced doctors is skilled in treating diseases and conditions of the oesophagus, stomach, liver, pancreas, biliary tract, and small and large intestines. The department encompasses all advanced technologies and the most advanced facilities with a prime focus on the safe and proven treatment of disorders aiming at improving the quality of life of our patients. The institute also offers treatment via endoscopy which helps in diagnosis and simultaneously treats complex, hard-to-find problems in the Gastrointestinal Tract.



WHAT WE TREAT

- Achalasia Cardia
- Gerd
- Gas / Acidity
- Peptic Ulcer
- Peptic Stricture Disease
- IBS - Irritable Bowel Disease
- Diabetic Dysmotility
- Ulcerative Colitis
- Crohn's Disease
- Intestinal Tuberculosis (Tb) -Koch's
- Celiac Disease
- Sprue
- Infective Diarrhoea
- Polypoidal Disease
- Abdominal Tuberculosis (Tb) / Koch's
- Various Gut Corrosive Injuries
- Foreign Body Impaction
- CBD Stone Disease
- Pancreatic Stone Disease
- Acute Pancreatitis
- Chronic Pancreatitis
- Liver Abscess
- Hydatid Cyst
- Hepatic Cyst
- Viral Hepatitis
- Drugs & Toxic Induced Liver Disease
- Alcoholic Liver Disease
- Fatty Liver
- Non-alcoholic steatohepatitis (NASH)
- Liver Cirrhosis
- Esophageal Varices
- Fundal Varix
- Hepatorenal Syndrome
- Hepatopulmonary Syndrome
- Portopulmonary Hypertension
- Primary Biliary Cirrhosis
- Primary Sclerosing Cholangitis
- Autoimmune Liver Disease
- Non Cirrhotic Portal Fibrosis (NCPF)
- Extra Hepatic Portal Venous Obstruction (EHPVO)
- Hepatocellular Carcinoma
- Pediatric Gi Disease
- Gi Malignancies

SPECIALISTS AT AADICURA



Dr. Chirayu Choksi
Gastroenterologist



Dr. Dhaval Dave
Gastroenterologist



Dr. Jaydeep Patel
Gastroenterologist

Aadicura Team has over 24 years of experience and is a pioneer in endoscopy in Gujarat. The team has performed over 40000 endoscopic procedures to date. The team is a pioneer in third-space endoscopy and pancreatic endotherapy with advanced EUS-guided procedures in this part of

Gujarat. We are the first in Vadodara to perform POEM for achalasia cardia and to date performed nearly 60 POEM procedures in Vadodara, dedicated liver ICU with 18 beds. Three advanced endoscopy suites with state-of-the-art Olympus equipment. The Department

caters to all gastrointestinal, hepatic and pancreaticobiliary disorders with round-the-clock emergency OPD, Emergency and ICU services for critically ill patients. It is a high-volume tertiary care centre for simple to complex and complicated gastrointestinal diseases.

FIRST TIME IN VADODARA: FENESTRATED ENDOVASCULAR AORTIC ANEURYSM REPAIR (FEVAR)

// Success Stories

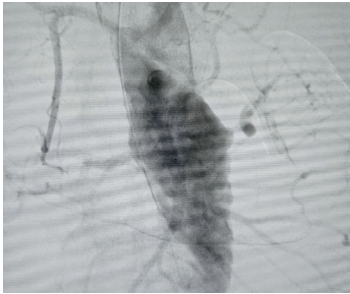
CASE HISTORY:

A 67-year-old gentleman, a high-risk patient, had been diagnosed with an aortic aneurysm for more than 3 years and was under surveillance. Over time, with an increase in size, the probability of rupture was high. Due to previous cardiopulmonary issues and altered kidney function, he was considered very high risk for open surgery. The minimally invasive option of EVAR (Endo Vascular Aortic aneurysm Repair) was also not feasible as the covered graft would cover both renal and mesenteric arteries.



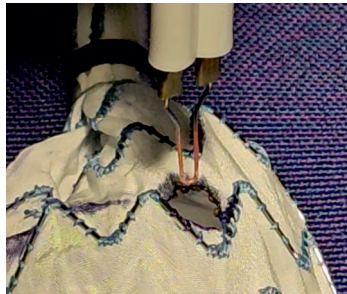
PROCEDURE:

After meticulous planning, our team of vascular and endovascular surgeons and anaesthetists at Aadicura Superspeciality Hospital executed the on-table fenestration or FEVAR procedure.



This novel approach, involving precise computerised measurements and the

creation of small fenestrations for the preservation of both renal arteries and mesenteric arteries, was executed with expertise.



The entire supra-major procedure was done in the patient via a percutaneous approach using special closure devices in the groin without the need for any

major incisions. Post-procedure, complete sealing of the aneurysm is confirmed while preserving flow to both kidneys and the bowel.



Postoperatively, the recovery was uneventful, and the patient was discharged within three days.

TAKE HOME MESSAGE

This advanced level of complex endovascular intervention was indeed challenging, but the rewards were significant. With such a minimally invasive procedure, Team Aadicura was able to prevent rupture in a high-risk individual. The successful outcome of this case demonstrates the potential of the FEVAR procedure in similar high-risk scenarios.

THE TEAM OF VASCULAR AND ENDOVASCULAR SURGEON THAT MADE IT POSSIBLE:

Dr. Vijay Thakore

Dr. Sumit Kapadia

Dr. Hiten Patel

Dr. Kushan Nanavati

STAR PERFORMERS



BELA MACWAN

Best Employee of The Month



SHIVANI MACHHI

Best Employee of The Month



KALPANA CHRISTIAN

Best Employee of The Month



SONAM UDAINIYA

Best Employee of The Month



RANGOLI PESHIVADIYA

Best Nursing Staff of The Month



CHANDRIKA VASAVA

Best Nursing Staff of The Month



PRINCE THAKUR

Best Multitasking Staff of The Month



INTRODUCTION:



In our fast-paced lives, health often takes a backseat. Recognizing the importance of addressing health and wellness proactively, Aadicura Superspeciality Hospital hosted the second edition of Pahal, a unique initiative designed to encourage conversations about health and bring healthcare closer to the common man. True to its tagline, Kare Baat Health Ki, this event emphasized the need to talk openly and assertively about health and wellness, setting the foundation for a healthier society.



VISION AND MISSION:



At Aadicura, our vision is to make quality superspeciality healthcare affordable and accessible to all. With over 25 full-time superspecialist doctors across multiple disciplines, we are committed to delivering the highest standards of care while ensuring accessibility for everyone. At Aadicura, we believe in Putting Patients First. Through Pahal, we aimed to bridge the gap between healthcare providers and the society, promoting trust, awareness and proactive health management.



OBJECTIVE OF PAHAL:



The primary goal of Pahal was to initiate meaningful conversations about health. We want to educate, engage and empower individuals to take charge of their health and well-being. By bringing together experts across health and wellness, this event created a platform for knowledge-sharing and direct interaction with the society



IMPACT:

Through Pahal, we aim to bring in a culture where talking about health is normalized and encouraged.

KEY TAKEAWAYS FROM PAHAL:

CELEBRATING LIFE - Renowned motivational speaker **JAY VASAVADA** inspired the audience with his powerful talk on embracing challenges and living life to the fullest.

THE POWER OF CONSISTENCY - Thought leader **SANJAY RAWAL** highlighted the role of **regular fitness habits and social well-being** in leading a healthier life.

MIND OVER MATTER - Mentalist **SAPAN JOSHI** left the audience spellbound with his extraordinary performance, demonstrating the power of **focus and mental clarity** in well-being.

With **Pahal**, Aadicura Superspeciality Hospital continues its mission of **educating, inspiring, and empowering** individuals to take charge of their health. The overwhelming response to this initiative reinforces our commitment to making **healthcare more proactive and awareness-driven**.

EVENT GALLERY

General medical & eye check up camp



Continual medical education with GP association & IMA Zalod.



Nursing Training on Sterile Techniques



GENERAL INDUCTION PROGRAM - FEB'25

WELCOME ONBOARD



First Front Row: Sunil Bawiskar, Raju Damor, Shailesh Dabhi, Vanrajsinh Chavada, Paresh Charpot, Rathwa Mehtabhai, Bhargav Dave **Second Row:** Chetan Vankhede, Vijay Vaghasiya, Lata Bamaniya, Dr. Jinal Patel, Saisvara Joshi, Manisha Shah, Pratik Makwana.

Aadicura®
Superspeciality Hospital
— Putting Patients First —

Windward Business Park, Jetalpur Road, Vadodara
Book an Appointment : +91 89805 53311 / 7711

Emergency 24/7 : +91 89805 58811

Our ASC Clinics :

Anand | Bharuch | Dahod | Godhra

📧 contact@aadicura.com 🌐 www.aadicura.com



We are available on WhatsApp. Scan this code to connect or send 'Hi' on Whatsapp



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