

Aadicura Cares

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MONTHLY NEWSLETTER

...WHEN CONSULTING A UROLOGIST

A urologist is a super-specialist who has expertise in understanding, diagnosing and treating issues/problems relative to the genital and urinary system in men, women and children. The Department of Urology at Aadicura deals with the management of surgical problems of the kidneys, ureter, bladder, prostate, seminal vesicles and other genital organs like the testicles and penis in males. In females, besides managing surgical problems of kidneys, ureters, and bladder, it deals with surgical problems of urinary incontinence and the urinary fistula like the ureterovaginal and vesicovaginal communications.



SPECIALIST AT AADICURA



Dr. Saurabh Jambu

Urologist, Andrologist & Renal Transplant Surgeon



WHAT WE TREAT

KIDNEY

Stones, infection, kidney angiomyolipoma, kidney cancers, renal cysts, etc.

PROSTATE

BPH, acute prostatitis, chronic prostatitis, prostate cancer.

PENIS

Congenital abnormality, hypophydis, curvature, phimosis, balanitis, perynoies plaques, erectile dysfunction.

TESTIS

Torsion, testis tumour, testicular pain, infection, varicocele, undescended testis

PAEDIATRIC PATIENT

Nocturnal enuresis, stone, infection, congenital abnormality like pujo, PV valve, vesicoureteric reflex, etc

SEXUAL ISSUES

Erectile dysfunction, premature ejaculation, impotency, loss of libido, infertility.

URETER

Ureteric stone, congenital abnormalities, vesicoureteric reflux, ectopic ureter, ureterocele, stricture ureter, ureter-vaginal fistula

URETHRA

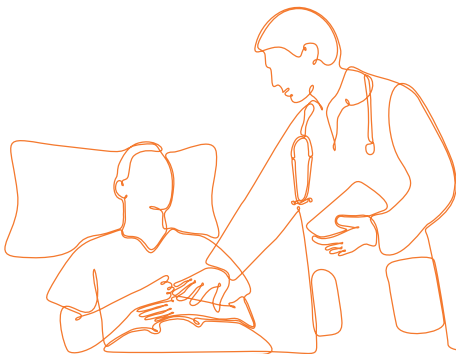
Urethral stricture, urethral stone, posterior urethral valve.

FEMALE URINARY ISSUES

The Urogynaecology clinic provides comprehensive care for urologic issues that occur in women, like urinary incontinence, bladder pain, overactive bladder, infection, stress incontinence, vesicovaginal fistula, ureterovaginal fistula, urethral stricture, meatal stenosis and all her unsaid things.

BLADDER

Bladder infection, bladder cancer, bladder stone, intestinal cystitis, overactive bladder, urinary urgency incontinence.



Apart from all the complex diseases, we also treat minor urinary issues, which we all face in day-to-day life on an OPD basis. We at Aadicura perform all the common as well as complex cases of urology with extreme care, compassion and the best in state-of-the-art technology.

We have an advanced laser, laparoscopy set up camera system, with advanced energy sources which help us in improving the surgical results. Also, at Aadicura, we have well-functional ICU department which takes care of all critical patients.

* Aadicura Cares is committed to providing information that is worth your time. This new segment serves as a general guide or a walk-through to answer your basic questions regarding certain illnesses and the procedures involved in treating them.



KRISHNA AVATAR BY KANAIYALAL MUNSHI HAS INFLUENCED MY LIFE

DR. VIJAY THAKORE - Vascular & Endovascular Surgeon

With over 28 years of experience in Vascular Surgery, Dr Vijay Thakore promises Vascular Care with passion and diligence in all aspects of prevention, diagnosis, and treatment of vascular diseases. Dr Thakore is a senior, qualified Vascular and Endovascular Surgeon in clinical practice, trained from a National Premiere Institute i.e. Sree Chitra Tirunal Institute For Medical Sciences, Trivandrum. He has received many Fellowships from various parts of the world like the USA, UK, Germany, Australia, and Singapore.

Dr. Vijay Thakore is uniquely trained and experienced to weigh the various treatment options from Medical Treatment to Endovascular Interventions to Open Surgical Operations.



Why did you choose to become a doctor?

When I was a young boy, I used to consult a neighbourhood general practitioner for my minor head injury. At his clinic, people from all walks of life (regardless of their stature) used to visit him for medical treatment & respect him a lot, like bowing down to him, respectfully talking to him, etc. That doctor's aura left a huge impression on my mind. Due to this observation and experience, I decided to become a doctor.

Why did you choose your area of specialisation?

There were two strong reasons behind choosing my specialisation. One, I wanted to achieve the highest qualification in medicine in our country at that time. Two -As vascular surgery was not well developed 30 years ago, as surgeons we were not able to offer vascular services to our patients, which led to preventable amputations, premature deaths and poor outcomes of treatment of vascular diseases in general. I decided to opt for Vascular surgery as there was a dearth of awareness, knowledge and expertise back in the day.

How do you keep up with changes in medicine and healthcare trends?

Technological advancements have made immense contributions to the development of the medical field. A combination of technology & medicine has led to exceptionally positive &

favorable outcomes in health care.

To keep pace with these developments, I regularly attend international masterclasses & conferences. Through such exposures and interactions, I learn new technology & techniques that I use in my practice.

What is the best medical success story of your career so far?

There are many success stories to narrate over the last three decades. One I distinctly remember is this.. A prominent religious leader who had leg ischemia due to diabetes consulted many doctors in Gujarat and Mumbai, and he was advised below-knee amputation due to the severity of the disease and very high risk of leg bypass operation. As a young surgeon, I took up the challenge of performing a femoral distal bypass 25 years ago. Due to this bypass, we could save his leg, and he walked on his feet for many years. I had the immense satisfaction of saving his leg & life.

If you were to describe yourself in three words, what would they be and why?

Passionate, Focused & Disciplined.

One should love his /her work and be passionate about it. NO one can compete with your passion. Passion for work will take you to greater heights.

Focusing on work brings brilliant results and will give immense satisfaction to concerned people.

Discipline is mandatory to achieve the best results.

Being a doctor can be very stressful. How do you practice a healthy balance between work and your personal life?

Stress is a part of everybody's life, especially for doctors because they

come across unpredictable and unfavorable situations during the delivery of health care

For me, work gives me pleasure and work is a stress-buster. Hence, work does not give me stress, and I don't do much to have a work-life balance. Lately, I've been spending time with the activities I love to do, like exercising, running marathons, being with friends, and reading books. I think work is my priority, and I enjoy doing that.

In your opinion, what makes Aadicura Hospital unique and different?

Aadicura Hospital is unique because of its people (doctors & staff). Aadicura is run by a team of 25+ doctors, offering super-speciality services in 12 - 13 branches. Aadicura Hospital's state-of-the-art, modern healthcare facilities with affordability with patient centricity make it unique.

Being a doctor, what is that one thing you will never support?

Rather, I would support a few things. I would insist that every person should have a good balance of work, diet, exercise and sleep. Habits like smoking, drinking or chewing tobacco are certainly not good for health. One should be aware of digital well-being & try to achieve it.

Name a book that has influenced you the most.

The book which has influenced me the most is Krishna Avatar by Kanaiyalal Muni.

Share your mantra for success.

My mantra for success is simple. Set a goal in your mind, stay focused & disciplined, and commit yourself to achieving it.

INTERESTING CASE OF VASCULAR SURGERY: AORTO -ENTERIC FISTULA

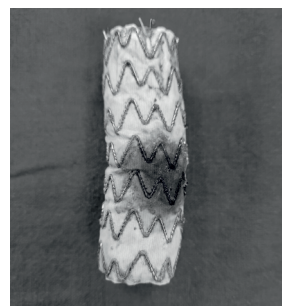
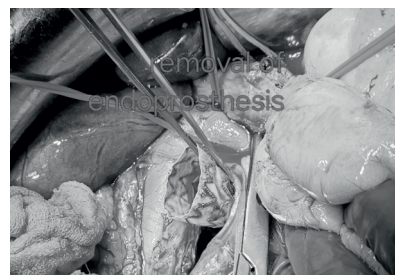
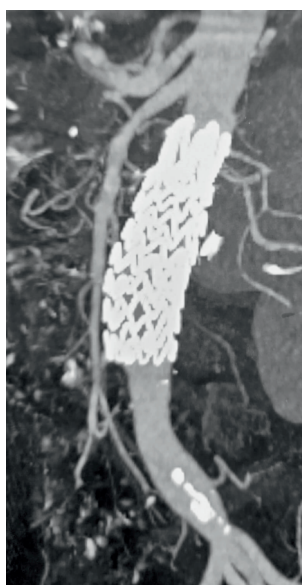
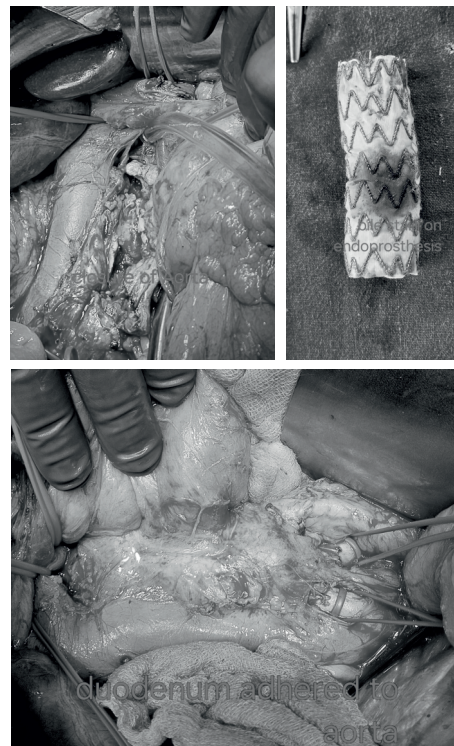
A 76-year-old male patient presented to us with a complaint of Recurrent fever, weight loss and intermittent Malena for the last 8 months. He was bed-bound for the past few months. The patient was k/c/o hypertension. In the past, the patient had undergone endovascular repair of aortic aneurysm 6-years-ago with endovascular stent graft. The patient had severe back pain and on-and-off fever the last 6 months ago for which an investigation was done and he was diagnosed with Psoas abscess. The patient underwent Psoas abscess drainage at the same time. For the above-mentioned complaints, the patient was admitted and a CT scan of the abdominal with angiography was done which was suggestive of Aorto Enteric Fistula (communication between Duodenum and Aorta).

THE TEAM THAT MADE IT POSSIBLE:

Dr Vijay Thakore | Dr Sumit Kapadia | Dr Hiten Patel | Dr Kushan Nanavati

PROCEDURE:

The patient was treated in two stages: In the first stage, the Right Axillo Bi-femoral Bypass with PTFE ring graft was done. In the second stage exploratory laparotomy with explantation of aortic stent graft along with repair of the Aorta. Aorta was separated from the Duodenum fistula. Duodenum repair was done in two layers with Omentopexy. The patient was managed in the ICU for post-operative recovery. He made an excellent, uneventful recovery, gained weight and remained afebrile ever since the post-operative period.



STAR PERFORMERS



Rajesh Upadhyay
Best Employee of The Month



Gunja Pathak
Best Employee of The Month



Pinkal Jadav
Best Employee of The Month



Ankit More
Best Employee of The Month



Sindhu T Nair
Best Nursing Staff of The Month



Anjana Rathva
Best Nursing Staff of The Month



Mayaben Mochi
Best Multitasking Staff of The Month



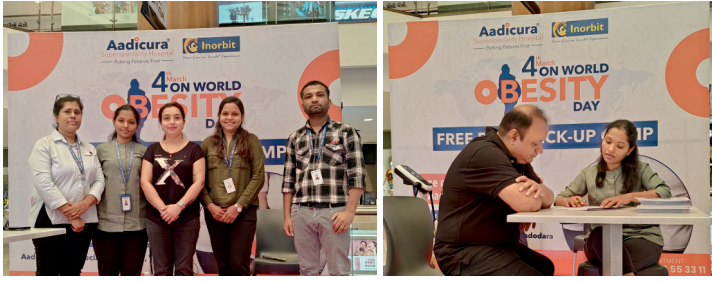
Padmaben Solanki
Best Multitasking Staff of The Month



Dr. Vrunda Patel
Best Doctor of The Month

EVENT GALLERY

World Obesity Day Camp at Inorbit mall, Vadodara for 2 days



Medial Camp & HealthTalk at Reliance Mall, O.P. Road , Vadodara.



CME at GAMA Association



CME at Aayush Doctor Association (Mahisagar GP Association)



Community Impact Award for 'Aadicura Pahal' at AHMP Summit



Aadicura Superspeciality Hospital was honoured with the Community Impact Award for our campaign '**Aadicura Pahal - Kare Baat Health Ki**' at the AHMP Healthcare Marketing Summit. This recognition was a reflection of our commitment to creating meaningful conversations around preventive health and wellness for our community. **Aadicura Pahal** was a significant step toward raising awareness about the importance of physical, mental, and social health. The success of Pahal highlights Aadicura Superspeciality Hospital's continued commitment to promoting well-being and educating the public about leading healthier lives.

IAOH - (Indian Association Occupational Health Center) Family Get together in collaboration with Aadicura Superspeciality Hospital.



Aadicura[®]
Superspeciality Hospital
— Putting Patients First —

Windward Business Park, Jetalpur Road, Vadodara
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Emergency 24/7 : +91 89805 58811

Our ASC Clinics :

Anand | Bharuch | Dahod | Godhra

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We are available on WhatsApp. Scan this code to connect or send 'Hi' on Whatsapp



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